



## BREAKFAST MENU

### CONTINENTAL BREAKFAST £12.50

Freshly Baked Croissants, Danish Pastries & Sourdough Bread/Toasts

Granola ( Gluten free & Organic available)

Fruit Compote

Fresh Fruit Platter

Yoghurts: Natural & Fruit Cows Milk, Vanilla Alpro & Coconut (Local & Organic available)



### TRADITIONAL ENGLISH BREAKFAST £14

Eggs, anyway you like 'em, Streaky Bacon, Sausage, Grilled Mushrooms, Fried Bread, Oven Roasted Tomatoes, Baked Beans & Toast



### THE VEGGIE BREAKFAST £12

Tasty healthy and Meat free! Mushrooms, Oven Roasted Vine Tomatoes, Avocado, Potatoes & Crispy Onions sautéed in Olive Oil.



### LITTLE BRUNCHIES BREAKFAST £7

Free Range Egg, One Rasher Streaky Bacon, Cumberland Sausage, Baked Beans & Toast



### BREAKFAST BAPS £8

Sausages or Crispy Bacon (with/without Fried Egg supplement (£1))



**MUSHROOMS & THYME** on Sourdough Toast £9  
(add poached egg of you wish £1 supplement)

**TWO EGGS** whatever way you like 'em! £8

**SMASHED AVOCADO** on Sourdough Toast with Chilli, Lime & Roasted Vine Tomatoes  
(add poached egg of you wish £1 supplement) £9



## A LITTLE CUP OF SOMETHING

### JUICES

Orange, Apple, Tomato Juice  
Coconut Water, Ginger Kombucha,



### COFFEES

Americano, Cappuccino, Flat White, Latte  
( Lavazza Rossa - a full-bodied, richly flavoured blend.)  
Filter ( Kenyan 100% Arabica)  
Decaffeinated available. ( Nespresso)



### CHOCOLATE

Hot Chocolate (Organic Green & Black)



### MILKS

Semi Skimmed  
Alpro, Coconut & Oat Milk  
(Local & Organic where possible).



### TEAS

English Breakfast Tea, Kenyan Tea, Earl Grey Tea, Decaf Ceylon Tea,  
Fresh Mint Tea, Turmeric & Ginger with Honey Tea  
Lemon & Ginger, Moroccan Mint  
( Brew Tea- Rolled Whole Leaves)